The Art of Improvisation and Ear Training

The Art of Improvisation is an improvisation method, right? You'd be surprised at how much of an ear training method it is as well, because improvisation and ear training really are complementary skills. Flexible scales and virtual practice form a powerful ear-training base for learning to improvise.

But in addition to its focus on ear training, The Art of Improvisation is also a *vision* training method. Once you *see* where you are headed, it's much easier to *hear* where you're headed. Vision and ear training are also complementary skills.

Here are the chapters in The Art of Improvisation that deal specifically with vision training and ear training. Note that ear training includes not only pitch skills but rhythm and harmony skills as well.

Vision Training Chapter	Skills
1A: The Virtual Practice Method 1D: Rhythmic Variety 1E: Practice Levels for Flexible Scales 1F: Using Expression 2B: Melodic Shapes 3E: Melodic Patterns 4A: Soundscapes	SHAPE (See, Hear, and Play Expressively) Visualizing rhythms and rhythmic combinations Seeing new directions in flexible scales, leading to improv Using SHAPE to add a new dimension in expression Seeing ranges and neighborhoods of pitches in your solos Using SHAPE to generate interesting melodic patterns Visualizing solos in a landscape metaphor
Ear Training Chapter	Skills
1A: The Virtual Practice Method 1B: Chords and Scales 1D: Rhythmic Variety 1E: Practice Levels for Flexible Scales 2A: More Scales 2B: Melodic Shapes 2C: Swing Rhythms 3B: Melodic Connections 3L: Learning Standard Tunes	Virtual practice: learning scales, intervals, arpeggios by ear Learning flexible major and dominant scales and chords Virtual practice for rhythmic skills Increased ability to hear and choose notes and directions Learning new flexible scales and chords Hearing intervals, playing tunes by ear, transposing tunes Internalizing the swing rhythm subdivisions Hear how to connect smoothly from chord to chord Virtual practice to hear shord progressions in your mind.
3L: Learning Standard Tunes 4L: Transcribing Solos	Virtual practice to hear chord progressions in your mind Melodic and rhythmic dictation practice for transcribing